Greetings,

I’m writing you and all the women in our practice about a health issue that affects millions of women across the U.S. The issue is bothersome bladder leakage, also known as urinary incontinence (UI).1 We understand that this can be an embarrassing topic to discuss.But you’re not alone, over 60% of women in the U.S. experience UI.2

At **[insert name of practice]**, we’re committed to addressing the diagnosis and treatment of UI. **It is a serious health problem** that can negatively impact your quality of life and may worsen over time if left untreated. While it is common, it is not normal, and you can do something about it. We’re launching a new screening program for UI treatment and would like you to consider these two questions:

1. During the last 3 months, have you leaked urine (even a small amount)?
2. Were you bothered by these episodes?

**If you answered YES to both questions**, we encourage you to schedule an appointment with our office so we can confirm a diagnosis and discuss your treatment options.

One treatment option we are happy to offer is the *leva* Pelvic Health System, which is first-line non-drug, non-surgery at-home treatment option that works and works quickly as evidenced by clinical and real-world user data.

The *leva* System is a prescription device that can help you strengthen your pelvic floor muscles effectively, for the treatment of stress, mixed and urgency UI including overactive bladder. The *leva* System allows you to train and strengthen your pelvic floor muscles from the comfort of your home, in just five minutes a day.

The *leva* System uses motion sensor technology, connected to a smartphone App, that visually guides you in real-time on how to do your pelvic floor muscle training (commonly called Kegels) correctly. Another benefit of the *leva* System is their *leva* Women’s Center, a team of coaches who help you with goal setting, support your training and help keep you motivated over the course of your 12-week therapy. Progress reports are shared securely with us so we can stay involved in your care.

**Clinical data shows women who used *leva* saw their leaking episodes go from about 2 leaks per day down to nearly 2 leaks per week and women saw significant symptom improvement as early as 4 weeks into their training!3** Additional data shows use of *leva*yielded significantly greater UI symptom improvement compared to a standard home program at 8-weeks **with significantly improved results maintained at 6-months and 12-months.**

**You’ve waited long enough, TAKE ACTION TODAY.** Call us at **[insert phone number]** to book your appointment.

If you’re a woman bothered by UI, we look forward to getting you started with *leva* to get you closer to a life without leaking.

**[insert HCP name, name of practice]**

*1.Wu JM, Hundley AF, Fulton RG, Myers ER. Forecasting the prevalence of pelvic floor disorders in U.S. Women: 2010 to 2050. Obstet Gynecol. 2009;114(6):1278- 1283. 2.Patel UJ, Godecker AL, Giles DL, Brown HW. Updated Prevalence of Urinary Incontinence in Women: 2015-2018 National Population-Based Survey Data [published online ahead of print, 2022 Jan 12]. Female Pelvic Med Reconstr Surg. 2022; 10.1097/SPV.0000000000001127. doi:10.1097/SPV.0000000000001127. 3.Weinstein, MM, Dunivan, G, Guaderrama, NM, Richter, HE.Digital Therapeutic Device for Urinary Incontinence: A Randomized Controlled Trial [published online ahead of print, 2022 March 10]. Obstet Gynecol. doi: 10.1097/AOG.0000000000004725.*

Important Safety Information for *leva* Pelvic Health System: Do not share the *leva* system. *leva* is a single-user medical device. Do not use the *leva* Pelvic Health System while pregnant, or if you think you may be pregnant, unless authorized by your healthcare provider. Do not leave the *leva* wand in your body for longer than necessary to complete the training session. Remove the wand after each training session. Do not use the *leva* Pelvic Health System in any other place in your body. Do not have sexual intercourse while the *leva* wand is inserted. If you experience odor, fever, vomiting, diarrhea, any signs of infections or any flu-like symptoms, contact your doctor immediately. If you experience redness or swelling near the insertion area, or signs of an allergic reaction, contact your healthcare provider immediately. For a complete summary of the risks and instructions for *leva*, see its Instructions for Use, available at Renovia’s website. Treatment with the *leva* Pelvic Health System is prescribed by your healthcare provider. This treatment is not for everyone. Please talk to your healthcare provider to see if it is right for you. Your healthcare provider should discuss all potential benefits and risks with you.