Cynthia finds inner strength in unlikely places. Like her pelvic floor.

Strengthen your pelvic floor muscles to improve stress, mixed and urgency urinary incontinence, including overactive bladder, as well as chronic accidental bowel leakage

Leva® Pelvic Health System

For stronger women. Everywhere.

www.Levatherapy.com | 1-855-FOR-LEVA
Remote therapy

Only 2.5 minutes 2x/day for 12 weeks

Non-drug, non-surgical

Benefits verification provided

UI can and should be treated
Pelvic floor muscle training (PFMT), commonly known as Kegels, is widely recommended to strengthen the pelvic floor. The problem? Kegels are hard to do. Now there’s a solution that can help.

Strengthen your pelvic floor with Leva®
Meet Leva – a convenient, remote, easy-to-use pelvic health treatment designed to help you reduce the symptoms of UI.

Watch how Leva works
Pelvic floor health is everything

Maybe it happens when you laugh. Maybe you can’t quite make it to the restroom, or it’s keeping you up at night. If you’re experiencing urinary incontinence (UI), it’s important to get help, and soon.

You’re not alone.

Over 60% of women in the U.S. experience UI.¹ It’s common, but not normal. Why? UI is a serious medical condition that can worsen over time if you don’t take action.

Women with UI are more likely to:

- Report not being physically active²,³
- Be admitted to a nursing facility⁴

UI may be caused by a weakened pelvic floor, a group of muscles under the bladder. The good news? Like any muscle, pelvic floor muscles can be trained and strengthened to reduce UI.

Get to know the Leva® System

Leva provides patented technology, which is also supported by coaching, to help you perform pelvic floor muscle training correctly and consistently.

“Leva holds me accountable because I have a coach and an app that tracks my progress. It’s great to have a visual that allows me to see progress and improvement.”

– Shannon P., age 45  
UI Patient
Here’s how Leva works.

**Flexible Leva Wand with Motion Sensors + App**

Inserted vaginally, Leva measures movement when pelvic floor muscles contract and lift, providing precise, real-time visual feedback.

**Leva Women’s Center**

Checks your insurance and helps you get started, set goals and stay motivated.

**Patient Reports**

Reports share essential symptom improvement information with your healthcare professional.
Fewer leaking episodes and significant UI symptom improvement with Leva

An 8-week clinical study found that Leva was better in treating UI than Kegels alone.\(^5\)

Leva users saw a decrease in UI leaking episodes from nearly 2 leaks per day to about 2 leaks per week.

Leva users saw a significant UI improvement as early as 4 weeks into treatment.

In a 6- & 12-month follow-up study, Leva users who completed their treatment, continued to see UI symptom improvement lasting at least a year.\(^6\)

By improving your UI symptoms, Leva can help you return to the activities and lifestyle you enjoy and deserve.
Don’t wait to prioritize your pelvic health. Get started today.

Talk to your healthcare provider about UI and request the Leva System today.

For more information or to talk to a member of our team, visit Levatherapy.com or call 1-855-FOR-LEVA.

Important Safety Information for Leva Pelvic Health System:
The Leva Pelvic Health System is intended for: (1) strengthening of pelvic floor muscles, (2) rehabilitation and training of weak pelvic floor muscles for the treatment of stress, mixed, and mild to moderate urgency urinary incontinence (including overactive bladder) in women and (3) rehabilitation and training of weak pelvic floor muscles for the first-line treatment of chronic fecal incontinence (>3-month uncontrolled passage of feces) in women. Treatment with the Leva System is by prescription and is not for everyone. Please talk to your prescriber to see if Leva System is right for you. Your prescriber should discuss all potential benefits and risks with you. Do not use Leva System while pregnant, or if you think you may be pregnant, unless authorized by your doctor. For a complete summary of the risks and instructions for the Leva System, see its Instructions for Use available at www.Levatherapy.com.


Disclaimer regarding patient testimonials: Testimonials are collected or recorded via surveys, emails and interviews and reflect real-life experiences from real patients. However, each individual’s results will vary and included testimonials are not intended to represent or guarantee that any one patient will achieve the same or similar results. Please also note that some patients may be paid for their testimonials.

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